

**F.N:13-1/2021-IS.4**  
**Government of India**  
**Ministry of Education**  
**Department of School Education & Literacy**

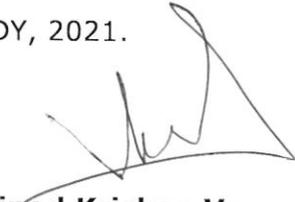
Shastri Bhawan, New Delhi  
Date: 16<sup>th</sup> June, 2021

**CIRCULAR**

**Subject: - 7<sup>th</sup> International Day of Yoga (IDY) on 21<sup>st</sup> June, 2021-reg.**

The 7<sup>th</sup> International Day of Yoga (IDY) will be celebrated on 21<sup>st</sup> June, 2021. This year due to pandemic situation, the observation will be virtual. This year the IDY is being observed with a thematic message of #Be With Yoga Be At Home.

2. Employees of Ministry of Education are requested to practice the 45 minute-Common Yoga Protocol (CYP) on 21<sup>st</sup> of June 2021 and to encourage the family and officials to participate in the IDY-2021 and post the activities done in their social media platform with Hashtag. Employees may also use Whatsapp group, IDY profile picture, YouTube, cover page of the social media platform to disseminate the messages of raising awareness towards IDY, 2021.

  
**(Vinod Krishan Verma)**

Deputy Secretary to Government of India  
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To,

1. PS to Hon'ble SM/ PS to Hon'ble MoS(SSD).
2. PPS to Secretary (SE & L)
3. All Bureau Heads in the SE&L Department.
4. NIC with request to upload on e-office portal of this Ministry.

**Contd...P.2/-**

**Link and Hashtag for IDY, 2021**

**Common Yoga Protocol :-**

Link : <https://yoga.ayush.gov.in/idy-2021>

Google drive carrying IDY related contains:

Link : <https://tinyurl.com/tapefkxz>

Handbook for IDY, 2021 :

Link : [https://yoga.ayush.gov.in/public/assets/IDY\\_ebook.pdf](https://yoga.ayush.gov.in/public/assets/IDY_ebook.pdf)

Hashtag :

#BeWithYogaBeAtHome

#IDY2021

#YogaForAll

#YogaForHealth

#YogaForWellness